



WORLD RECORD GAMES IN DACHAU

Organiser: Sri Chinmoy Marathon Team Deutschland e.V.

12th Impossibility Challenger

Sunday, 06th November 2005

TSV 1865 gym in Dachau, Germany

➔ **RESULTS!!!**



RESULTS

IMPOSSIBILITY CHALLENGER

05th/06th November 2005



Self-Transcendence is the motto of the Sri Chinmoy Marathon Team. Not only children get enormous joy when they transcend their limitations and start walking their first steps. Everybody can rediscover this joy by transcending his or her own limits. *Impossibility Challenger* wishes to offer an opportunity to overcome human limitations and to challenge the seemingly impossible with joy and enthusiasm. In this little brochure we present the results of this year's event. :-)

Your Sri Chinmoy Marathon Team

Shobha Tipnis has a very deep breath and strong lungs. The aerobic teacher from India inflated a hot water bottle until it burst - new Guinness World Record. Did you know that a hot water bottle could get this big??



Gill Zafar came all the way from Pakistan to set a new Guinness World Record in weightlifting: he was successful in lifting 55,1 kg for 12,22 sec *with his right ear!*



Albert Walter is Swiss champion (2004) in bench pressing. He brought with him four ordinary Swiss phone directories - but not for bench press and not even for a phone-call-marathon. No, he wanted to establish a new Guinness World Record in tearing the directories with his bare hands. Which he did: he was able to tear apart completely a phone directory of 960 pages in only 2,8 sec.

His second record was no less spectacular: Albert broke a carpenter's nail (8,5 mm thick, 22 cm long) with his hands. This took a little longer - a good 10 min - and needed more sweat, until the nail got warm and was able to be broken. A good piece of work and a new Guinness World Record!



Shamita- Achenbach-König from Austria is a cellist by profession and it seems she likes it. She was able to establish a new Guinness World Record in non-stop cello playing for 24 hours (breaks only every 4 hours). During this time period she played more than 4.000 meditative compositions of Sri Chinmoy and some classical pieces.



Rainer Schröder from Germany is one of the tough guys. He set a World Guinness Record by towing a minibus plus trailer and 6 people with a total weight of 3 tons and 2 kg for 35,81 meters *with his teeth*. But this was not enough for him: he achieved two more personal records and tore apart a steel chain 2 mm thick with his bare hands. After that he bent a steel screw (8 mm X 18 cm) to a „U“.



Matthias Kesselschläger from Germany has a welltrained mind and calendar calculation ability. He set three new world records: He knew the correct weekday for all dates of the year 2005 in only 3:34 min. He could give the correct weekday of 20 random dates between 2001 and 2100 in 17:92 sec and he knew 45 randomly chosen weekdays between 1600 and 2100 in one minute. If you want to know what day of the week you were born - he is the one to tell you!



What others do for fun he does with shot put shots of 20 lbs (9,08 kg) each. **Milan Roskopf** from Slovakia reached a new world record by juggling them for 25,66 sec.



Eckhard Schröder from Germany took smiling seriously: he tried his capacities in this zen-like discipline and set a new personal record of 7 hours silent smiling. Not even the TV camera men could resist joining him :-)



The German taekwondo black belt champion **Gerd Seligmann** set a new personal record in non-stop taekwondo exercising. His „Hyong Marathon“ lasted for 4 h 35 min 49 sec and consisted of all 18 exercises.



Kamil Kozub from the Czech Republic performed 1.000 chin-ups (with breaks) during a time period of 4 h 53 min 56 sec and set a new personal record.



Dorothea Vögeli from Switzerland gained a new Guinness World Record in 1 mile lunges (women category) in a time of 37:58:71 min.



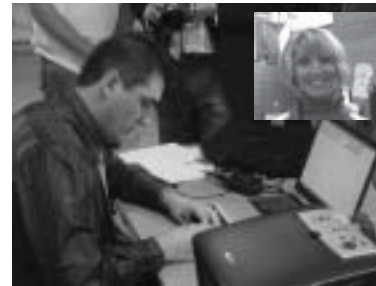
The Hungarian **Gabor Horváth** set a new personal record in tiddlywinking for the longest distance and reached 2 miles in 1h 41 min and 9 sec.



Svetlana Bakanova from Luxemburg and **Jewgenij Kuschnow** from Austria both set new personal records in push-ups. Svetlana achieved a total of 777 push-ups in 3 h and 50 min in sessions of 50 to 80 push ups in a row. Jewgenij had developed another technique and did sets of 20 push-ups every 5-10 min. He reached a total of 1.000 push-ups in a time of 4 h 46 min.



Jennifer Davies from Canada whistles like a bird. She not only whistled 295 songs in one hour (new personal record) but also whistled the highest and lowest note ever whistled in history (highest pitch E3, lowest pitch G,) and secured two new Guinness World Records with it.



Ramón Campayo and his wife **Chus** from Spain tried to top their own world records in memorizing decimal and binary digits. Ramón set new Guinness World Records in memorizing 19 decimal numbers (2,8,4,6,...) in one second and 46 binary digits (0,1,0,...) in 2 seconds.

Tarek Khafaga and **Gundolf Schenk** called their power-skill record „caudex lufticus“. At one end the log is being lifted by Tarek over his head. Gundolf balances over the log and jumps down at the end. With 108 jumps they were able to achieve a new Guinness World Record.

Stefan Ehrenfellner from Austria started in the ancient discipline of sack racing with an ultra modern style. He set a new personal record over 5 miles (8,1 km) in 1 h 31 min 17 sec with bleeding feet but a smiling face.



Ludmilla Máthe from Hungary set a personal record: she painted 15 hours non-stop.



Pavel Charapov from Czech Republic presented his painting Pinocchio. He is the only one to have created marionettes that paint. The **museum of records** „Dobry Den“ (www.dobryden.cz) in Pelhrimov showed an exhibition including the biggest winter jacket, an easter egg and a jug made from matches.



Jindrich Zobl from the Czech Republic enriched our event with a breathtaking Western show including a whip performance (blowing out a candle with a 3 meter long whip 77 times <successfully> out of 100) and Colt-show. Just like in Wildwest! Jindrich won the world championships in Western disciplines in the US.



Sophia Erharter from Austria, at 11 years old our youngest participant, tried to establish a new personal

hoola-hoop record. She missed her personal best only by a few minutes but did a great fitness display by hoola-hooping two sets of 1h 23 min and 2 h 7 min.



The organist **Tyagavan A. Peinig** from Slovenia gave a tast of his excellence and set a new personal record in playing organ improvisations for 7 hours 7 min non-stop.

**Self-transcendence-joy
unmistakably knows no equal.**

Sri Chinmoy

Aside from the great world records, fun records for everybody were organized. These are the results for 2005:

Basketball (baskets from 27 throws) men: Thomas Bittl: 22 scores (new record!), women: Loredana Doniga 9 scores

Non-stop hoola-hoop (children): Sophia Erharter (A) 127 min (2005)

tiddly-winking 13 m: Loredana Doniga (GER) in 22:35 sec

Running backwards 100 m, men: Thomas Bittl (GER) 24:33, children:

Massimo, 11 years, 29:37 sec. (actual record in 2002: Christopher Mühlauer (CH) 16.51 sec, women: Mareike (GER), 30:85 sec in 2004),

Throwing a table tennis ball, men: Nadeen (GER): 16,35 m (actual record from 2002: Shabin 16,95 m), **women: Anke Riedel (GER): 13,05 m** (actual record in 2002: Anke Riedel (GER) 14,12 m)

old records: Hopping 100 m (1 leg) record in 2003: Andreas Zand (A) 20.24 sec), Juggling with 3 balls:in 2004: Milan Roskopf (Slovakia) 10 min, Long jump from a standing position record in 2002: Christopher Mühlauer (CH) 262 cm, Arm pull-ups (chin ups) record in 2002 Pramodan Gmeiner (GER) 26, Non-stop Yoga headstand record in 2002: Kallol Linke (GER) 32:07 min), High jump from a standing position in 2004 Arhur Schäfer (GER) 126 cm, Slow bicycle riding in 2002: Christopher Mühlauer (CH) 6:22:60 min

And now for a few photos:



The chain surrendered to Rainer. RTL reporter: „It seems you like to destroy things ;-)"



Rainer warming up



...yummy food...



big little girls in 3-leg-run



two hoola-hoop lovers



from champion to champion



Cross-examination for Tarek



a concentrated Ramon during his world record



Child participants in 100 m backwards running



Where does it go from here? We would like to organise the Impossibility Challenger near Munich again in 2006 and cordially invite you to come again on **04/05 Nov. 06**. The deadline for submitting applications is 31.08.2006. Please note that attempts at Guinness World Records must be cleared in England at least 6 weeks beforehand (www.guinnessworldrecords.com). For those who would like to register their record in Germany, Ralf Laue from Leipzig keeps his own record-book and homepage (www.recordholders.org) and a club for record breakers independently of the Guinness Book of Records.



We would be happy to welcome some new participants and visitors and especially helpers - so please inspire your friends to come in 2006!

DVD: For all those who would like a souvenir of the 12th Impossibility Challenger - the best recordings by the official camera teams of the IC have been put together. The DVD (about 15 minutes) can be ordered for 15 EUR plus p & p from our address.

The organiser of Impossibility Challenger is the Sri Chinmoy Marathon Team Deutschland e.V. (SCMT), which is well known throughout the world for its excellent organisation of numerous sporting events (the Zurich lake swimming competition from Rapperswil to Zürich, 700-3100 mile runs in New York, the big Triathlon Festival in Australia). We try our best to provide the best possible support for all participants.

Contact:

SCMT Deutschland e.V., Anke Riedel, An der Würm 28, 81247 München, tel: 0049/89/12 02 15 22 fax: 0049/89/12 02 15 29, email: munich@srchinmoyraces.org

PS: This event is a non-profit-event! We are not paid for organising it and depend entirely on the goodwill, enthusiasm and donations of all the helpers and friends. A BIG THANK YOU to all who made it possible in 2005! :-)

- Get the official video or DVD:

I wish to order

_____ DVD of Impossibility Challenger 2005 for 15,- EUR

_____ DVD _____ video(s) of Impossibility Challenger 2004 for 15,- EUR

_____ video(s) of Impossibility Challenger 2003 for 15,- EUR

_____ video(s) of Impossibility Challenger 2002 for 15,- EUR

The DVD/videos will be sent with an invoice plus p+p (postage).

Address: _____

date, signature

